

Polar Code

Our MCA approved and Nautical Institute recognised Polar Code Basic and Advanced courses follow the MCA guidelines on safely operating a vessel in Arctic and Antarctic Waters. They have been developed by experienced Ice Captains and Ice pilots, which are recognised leaders in the industry.

Use of the full bridge simulator is integrated into the training to provide real-life scenarios.



Course Objectives:

Forms part of the Continuing Professional Development that seafarers must undertake to gain the Ice Navigator Level 1 and Level 2 Certificate.

Learn about ice found in polar waters

Learn about the polar water regions where ice is found and related seasonal changes

Understand vessel preparedness, performance, and capability in polar water regions

Understand emergency preparedness and response to emergencies in polar waters

Ensure compliance with pollution prevention requirements and how to prevent environmental hazards

Understand how to use international and regional regulations and codes whilst operating in polar water

Contribute to the safe operation of vessels operating in polar waters

Monitor and ensure compliance with legislative requirements

Apply safe working practices and respond to emergencies

Basic (POLAB)

Location MSA Portsmouth

Duration 4 days

Cost from £1,620

Advanced (POLA)

Location MSA Portsmouth

Duration 3 days

Cost from £2,280

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Setting New
Standards Together



Training course approved by the MCA



MSA