

Self-Declaration Form

Updating Proficiency in Survival Craft & Rescue Boats Other than Fast Rescue Boats

I _____ declare that in the last 5 Years I have completed onboard training and gained experience for maintaining the required standard of competence in the following:

	Tick if completed
<i>Take charge of survival craft or rescue boat during and after launch</i>	
<ul style="list-style-type: none"> Interpret the markings on a survival craft as to the number for persons they are intended to carry 	
<ul style="list-style-type: none"> Give correct commands for launching and boarding survival craft, clearing the ship and handling and disembarking persons from survival craft 	
<ul style="list-style-type: none"> Prepare and safely launch survival craft and clear the ship's side quickly 	
<ul style="list-style-type: none"> Safely recover survival craft and rescue boats 	
<i>Manage survivors and survival craft after abandoning ship</i>	
<ul style="list-style-type: none"> Steer a boat and steer by compass 	
<ul style="list-style-type: none"> Use individual items of equipment of survival crafts, except for pyrotechnics 	
<ul style="list-style-type: none"> Rig devices to aid location 	
<i>Use locating devices, including communication and signalling apparatus</i>	
<ul style="list-style-type: none"> Use of portable radio equipment for survival craft 	
<i>Apply first aid to survivors</i>	
<ul style="list-style-type: none"> Use of the first aid kit & resuscitation techniques 	
<ul style="list-style-type: none"> Manage injured persons, including control of bleeding and shock 	

I have completed the above onboard the following vessels:

Vessel	IMO Number	Dates onboard

Print Name _____

Signed _____

Date _____