

The Maritime Skills Academy, Viking Recruitment Limited

Viking House, Beechwood Business Park

Menzies Road, Dover, Kent, CT16 2FG, England

Tel: +44 (0)300 303 8393

Email: info@vikingmsa.com



During the STCW Training courses, the practical session's maybe physically demanding at times. Therefore if you have any concerns about answering the below declaration you can discuss this with your course instructor in strict confidence.

	YES	NO
1) I am fit and have no undeclared medical conditions/injuries (If 'NO' please use comments box below)		
2) I can confirm that I am not taking medication, prescribed or otherwise (If 'NO' please use comments box below)		
3) I am free from any illness and infection that may impair my ability to participate in the course (If 'NO' please use comments box below)		
4) I understand that I must report any illness/injuries that arise during the course to the instructors		
5) I am a confident and able swimmer in a swimming pool		

Comments:

In the unfortunate event of an accident happening I authorise you to contact my next of kin:

Next of Kin: _____

Relationship to you: _____

Next of Kin contact number(s): _____

Signed: _____ **Date:** _____



MCA accredited course provider



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