



## PROFICIENCY IN SURVIVAL CRAFT AND RESCUE BOATS OTHER THAN FAST RESCUE BOATS UPDATING TRAINING SELF DECLARATION

I \_\_\_\_\_ declare that in the last 5 years I have completed onboard training and gained experience for maintaining the required standard of competence in the following:

	Tick if completed
1. Take charge of survival craft or rescue boat during and after launch	
<ul style="list-style-type: none"> <li>• Interpret the markings on a survival craft as to the number for persons they are intended to carry</li> </ul>	
<ul style="list-style-type: none"> <li>• Give correct commands for launching and boarding survival craft, clearing the ship and handling and disembarking persons from survival craft</li> </ul>	
<ul style="list-style-type: none"> <li>• Prepare and safely launch survival craft and clear the ship's side quickly</li> </ul>	
<ul style="list-style-type: none"> <li>• Safely recover survival craft and rescue boats</li> </ul>	
2. Manage survivors and survival craft after abandoning ship	
<ul style="list-style-type: none"> <li>• Row and steer a boat and steer by compass</li> </ul>	
<ul style="list-style-type: none"> <li>• Use individual items of equipment of survival crafts, except for pyrotechnics</li> </ul>	
<ul style="list-style-type: none"> <li>• Rig devices to aid location</li> </ul>	
3. Use locating devices, including communication and signalling apparatus	
<ul style="list-style-type: none"> <li>• Use of portable radio equipment for survival craft</li> </ul>	
4. Apply first aid to survivors	

*Note: Candidates are only required to demonstrate the ability to perform the tasks listed above during the drill or simulated exercise situations.*

I have completed the above onboard the following vessels:

Vessel	IMO Number	Dates on board

Signed: \_\_\_\_\_

Print Name: \_\_\_\_\_

Date: \_\_\_\_\_