



## FAST RESCUE BOATS UPDATING TRAINING SELF DECLARATION

I \_\_\_\_\_ declare that in the last 5 years I have completed onboard training and gained experience for maintaining the required standard of competence in the following:

	Tick if completed
<b>1. Take charge of fast rescue boat during launch</b>	
<ul style="list-style-type: none"> <li>Control safe launching and recovery of a fast rescue boat</li> </ul>	
<b>2. Take charge of a fast rescue boat after launch</b>	
<ul style="list-style-type: none"> <li>Handle a fast rescue boat in prevailing weather and sea conditions</li> </ul>	
<ul style="list-style-type: none"> <li>Use communications and signalling equipment between the fast rescue boat and a helicopter and a ship</li> </ul>	
<ul style="list-style-type: none"> <li>Use the emergency equipment carried</li> </ul>	
<ul style="list-style-type: none"> <li>Carry out search patterns, taking account of the environmental factors</li> </ul>	

*Note: Candidates are only required to demonstrate the ability to perform the tasks listed above during the drill or simulated exercise situations.*

I have completed the above onboard the following vessels:

Vessel	IMO Number	Dates on board

Signed: \_\_\_\_\_

Print Name: \_\_\_\_\_

Date: \_\_\_\_\_